



<u>:espresso drinks/coffee</u>	<u>12oz</u>	<u>16oz</u>	<u>20oz</u>
Cup of coffee	2.30	2.30	2.30
Latte - espresso with steamed milk	2.99	3.59	4.19
Cappuccino - espresso with steamed milk and more foam	2.99	3.59	4.19
Americano - espresso with hot water	2.29	2.49	2.79
Shot in the Dark - espresso in brewed coffee	2.99	3.59	4.19
Café au Lait - brewed coffee with steamed milk	2.99	3.59	4.19
Macchiato - espresso with a dollop of foam	2.49		
Espresso - double shot of rich, concentrated coffee	1.99		
French Press - coarsely ground coffee brewed/served in a glass carafe	3.49		
** Extra shot of espresso or additional flavor	.89		
** Upgrade to breve, soy, almond or oat milk	.99		
<u>:specialty drinks</u>	<u>12oz</u>	<u>16oz</u>	<u>20oz</u>
Caramel Toffee Truffle - breve latte with caramel, toffee and vanilla syrup	3.99	4.59	5.19
Crème Brulee - breve latte with butterscotch and vanilla syrup	3.99	4.59	5.19
Chocolate Mousse - breve mocha	3.99	4.59	5.19
Almond Joy - chocolate mocha with coconut and almond syrups	3.99	4.59	5.19
Snickers - chocolate mocha w/caramel and hazelnut syrups	3.99	4.59	5.19
Milky Way - dark and white chocolate mocha	3.99	4.59	5.19
Caramel Crave - latte with caramel syrup	3.99	4.59	5.19
Coconut Creme – breve latte with white chocolate and coconut	3.99	4.59	5.19
Mocha - latte with dark, milk, white, or Mayan chocolate	3.99	4.59	5.19
<u>:non-coffee hot drinks</u>	<u>12oz</u>	<u>16oz</u>	<u>20oz</u>
Chai Latte - spiced sweetened black tea with steamed milk	3.59	4.19	4.69
Tea Latte - latte w/Numi organic tea	2.99	3.59	4.19
Numi Leaf Teas	2.29	2.49	2.89
Hot Chocolate - chocolate and vanilla in steamed milk	2.29	2.79	3.39
Steamer – your choice of syrup in steamed milk	2.29	2.79	3.39

:fresh squeezed juices - \$5.75

- Ginger Jude** - Ginger, apple, carrot
- Healthy Sunrise** - Apple, beet, carrot
- Veggie Burst** - Celery, beet, carrot
- Pick Your Pleasure** - Choose from apple, ginger, beet, celery, or carrot

:fruit smoothies - \$4.99

- Strawberry Dream** - Strawberry puree, banana, vanilla cream
- Strawberry Banana Cabana** - Strawberry puree and banana
- Strawberry Colada** - Strawberry and pineapple puree and banana
- Peach Cream** - Peach and pear puree with vanilla cream
- Calypso** - Mango puree with banana
- ** Add whey or pea protein, or spirulina for **\$1.49**
- **Add boba (bursting or tapioca) **\$1.00**
- ** Whipped cream available upon request

:protein shakes - \$6.49

- Berry Fitness** - Four berry puree, whey protein, ultimate nutrition
- Chocolate Covered Strawberry Smoothie** – Strawberry puree, banana, vegan chocolate protein
- Protein Bomb** - choice of chocolate, strawberry, or peanut butter-chocolate
- Marie's Latte** - Espresso, vanilla cream, whey protein
- Java Monkey Shake** - Espresso, banana, almond or soy milk, vegan chocolate pea protein

:cool beverages

- Lotus Energy** - \$4.99 – red, blue, pink or red skinny
- Italian Soda** - \$2.89
- Italian Cream Soda** - \$3.19
- Iced Black Tea** - \$1.99
- Boba/Bubble Tea** - \$4.99 – pick your milk, boba and flavor
- Other cold beverages available - check our drink case or ask

:blended coffee - \$4.79

- Truly Latte** - Dark roast Colombian coffee with vanilla and cream
- Caramel Chinno** - Truly Latte infused with caramel
- JamochoChinno** - Dark roast Colombian coffee with Ghirardelli cocoa
- ShaggaChinno** - JamochaChinno with vanilla and extra chocolate
- Chai Chinno** - Black tea with honey, spices, and milk
- Vanilla Chai Chinno** - Black tea with honey, spices, vanilla milk

*Visit our health and nutrition area for a wide variety of products
Judes is available for special events and parties - contact us for details*



:day starters (served anytime)

Bagel - \$2.49

Plain, everything or whole wheat with your choice of strawberry or plain cream cheese, butter, or peanut butter

**Add veggies to a bagel - \$1.59

Chagel - \$3..89

Egg and cheese on a toasted bagel or wrap

Chavagel - \$4.19

Egg and cheese with veggies on a bagel or wrap

** Add turkey or bacon - \$1.50

Breakfast Panini - \$4.99

Egg, cheese, mayo with bacon or turkey on ciabatta bread

:salads

Baked Apple & Walnut - \$8.25

Spring mix with baked apples, toasted walnuts, shredded cheddar cheese and red wine vinaigrette

Fiesta - \$8.25

Spring mix topped with grilled chicken, black beans, corn, roasted peppers, shredded cheddar cheese and served with our Caribbean Mango dressing

Spring Mix - \$8.25

Spring mix, tomato, cucumbers, feta cheese crumbles, garnished with mandarin oranges and served with our tasty raspberry vinaigrette

** Add chicken to any salad - \$1.50

:cold sandwiches

Served with chips and a pickle wedge

Shaved Turkey - \$8.25

Oven roasted turkey, provolone cheese, romaine lettuce, roma tomatoes, & honey mustard spread

Smoked Chicken Salad - \$8.25

Homemade chicken salad, grapes, apples, walnuts, romaine lettuce, & roma tomatoes

Bread Choices - honey wheat or tomato wrap

:soups - daily specials available

Cup - \$3.99 Bowl - \$4.99

Combine any soup with a ½ sandwich or salad - \$8.25

:kids meals

Turkey, Grilled Cheese or PB&J - \$5.99

:panini's – hot grilled sandwiches

Served with chips and a pickle wedge

**Add turkey to any sandwich - \$1.50

Tuscany - \$8.25

Olive oil infused ciabatta bread topped with our pesto mayo spread, provolone cheese, marinated Portobello mushrooms, roasted peppers, romaine lettuce & roma tomatoes

Italiano - \$8.25

Olive oil infused ciabatta bread topped with our pesto mayo spread, oven-roasted turkey, provolone cheese, romaine lettuce & roma tomatoes

Roma - \$8.25

Focaccia bread topped with our sundried tomato pesto, provolone cheese, roma tomatoes, roasted peppers, red onion, & romaine lettuce

Milan - \$8.25

Herbed flat bread topped with marinated chicken, provolone & feta cheese, roasted peppers, romaine lettuce, & roma tomatoes

Roast Beef - \$8.25

Olive oil infused ciabatta bread topped with our BBQ dressing, shaved roast beef, cheddar cheese, romaine lettuce, red onion

Meatball Panini - \$8.25

Meatballs, provolone cheese and marinara sauce on ciabatta bread

Veggie Delight - \$8.25

Focaccia bread topped with our pesto mayo spread, romaine lettuce, red pepper, red onion, English cucumber, roma tomatoes, and provolone cheese

Grilled Cheese - \$5.99

Classic comfort food for all ages

:premium sides

Side salad - \$2.49

:specials

Thursday - Chicken Vegetable Curry or Teriyaki Beef Bowl - \$8.99

Saturday - Swedish Pancakes - \$6.49 – add lingonberry jam - \$.75

:sweets

Scones - \$2.49

Muffins - \$2.49

Cake Balls - \$2.00

Breads - Banana Nut & Pumpkin - \$2.00

Cranberry Oatmeal Cookies - \$1.39